

Redefining Masculinity: The Modern Dad's Journey From Providers to Nurturers - The Evolving Role of Men in Parenting

Join us for an insightful webinar exploring the evolving concept of masculinity from an African perspective. We'll tackle traditional norms, societal pressures, and the misconceptions men face, including the fear of embodying sensitivity and compassion. From confronting gender-based violence to redefining strength, this conversation aims to empower men to embrace a more authentic and holistic identity. We'll also reflect on the modern dad's journey—how the role of men in parenting is shifting from being solely providers to becoming emotionally present nurturers. By engaging in these conversations, we aim to challenge stereotypes, celebrate new narratives of fatherhood, and foster a healthier, more inclusive understanding of manhood.

Key talking points

- Examine traditional African norms of masculinity and their impact on men's mental health and societal roles.
- Identify the challenges men face, such as societal expectations, the fear of embodying sensitivity, and the effects of misconceptions perpetuated by social media.
- Understand the link between traditional masculinity and pressing issues like gender-based violence, mental health struggles, and high suicide rates.
- Explore ways to redefine masculinity by embracing traits like compassion, vulnerability, and authenticity.
- Develop strategies to challenge harmful stereotypes and foster healthier, more inclusive perceptions of manhood.
- Reflect on the evolving role of men in parenting and how embracing nurturing, present fatherhood can reshape generational narratives around masculinity.



Date: 25 June 2025
Session: 02
Time: 15h00 – 16h00



[CLICK HERE TO JOIN](#)

There is no registration required – simply click on the above link or scan the QR Code and you will be redirected to the [Teams Live Event](#).

Contact Learning&Development@icas.co.za if you have any queries or want to book training exclusively for your organisation.